

**Child Development Centers Inc.  
Preschool 3-4 Lesson Plan w/ Nap**

Teacher

Classroom

Date

**Changes to the Environment**

<b>Dramatic Play</b>	<b>Science</b>	<b>Sand &amp; Water</b>
<b>Blocks</b>	<b>Writing</b>	<b>Library</b>

**Individual Differentiated Instruction or Small Group Skills**

<b>A</b>		<b>B</b>		<b>C</b>	
<b>1</b>		<b>1</b>		<b>1</b>	
<b>2</b>		<b>2</b>		<b>2</b>	
<b>3</b>		<b>3</b>		<b>3</b>	
<b>4</b>		<b>4</b>		<b>4</b>	
<b>5</b>		<b>5</b>		<b>5</b>	

# Weekly Planning Guide

Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Arrival Time:</b> All Areas Open: Books, Puzzles, Games, Fine Motor, Computer, Writing, Science, Math, Dramatic Play, Art, Music, Blocks, Listening, Cozy and Library					
<b>Morning Meeting</b> <b>8:30-9:00</b>					
<b>Breakfast</b> <b>9-9:30</b>	Clean up area and wash hands. Helpers set the table. As children finish they will clean up and choose books, puzzles, or games until circle time begins.	Clean up area and wash hands. Helpers set the table. As children finish they will clean up and choose books, puzzles, or games until circle time begins	Clean up area and wash hands. Helpers set the table. As children finish they will clean up and choose books, puzzles, or games until circle time begins	Clean up area and wash hands. Helpers set the table. As children finish they will clean up and choose books, puzzles, or games until circle time begins	Clean up area and wash hands. Helpers set the table. As children finish they will clean up and choose books, puzzles, or games until circle time begins
<b>Circle Time</b> <b>9:30-9:55</b>					

## Weekly Planning Guide Continued

Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Lunch</b> <b>12:00-12:30</b>	Clean up area and wash hands. Helpers set the table. As children finish they will clean up and choose books, puzzles, or games until circle time begins	Clean up area and wash hands. Helpers set the table. As children finish they will clean up and choose books, puzzles, or games until circle time begins	Clean up area and wash hands. Helpers set the table. As children finish they will clean up and choose books, puzzles, or games until circle time begins	Clean up area and wash hands. Helpers set the table. As children finish they will clean up and choose books, puzzles, or games until circle time begins	Clean up area and wash hands. Helpers set the table. As children finish they will clean up and choose books, puzzles, or games until circle time begins
<b>Nap 1:00</b>					

## Weekly Planning Guide Continued

<b>Schedule</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Dismissal: All Classroom Areas Open and available for exploration</b>					

**Reflection  
Notes**

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**Work Sampling System Objectives**

I. Personal and Social  
Development

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II. Language and  
Literacy

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III. Mathematical  
Thinking

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IV. Scientific Thinking

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V. Social Studies

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VI. The Arts

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VII. Physical Dev. and  
Health

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VIII. Other

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